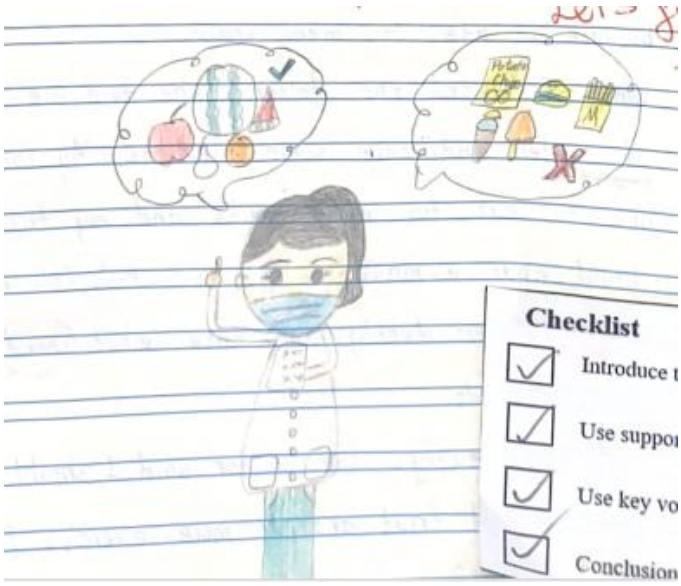
6J CHEN TSZ SHUEN (3)



Blog Entry

Ms Candy's Corner

My Good and Bad Habits

I have some good habits and a few bad ones. One good habit I have is helping with homework. I always wash the dishes and fold the clothes. My family says I ought to keep doing this because it helps them and reduces their stress. Another good habit is being punctual, which helps me make a good impression and show respect.

I also have a bad habit: I sometimes go to bed late, which makes me feel tired and gives me no energy. My mom told me not to do this because I can't concentrate in class, and I learn slowly. Good habits make me feel energetic, while bad habits make me feel tired. So, I will work on changing my bad habits.